

Kindergarten – 2nd grade (Year 2, Lesson 3/4)

Start off with letting kids know that we're talking about stuff that might be uncomfortable but we want to tell them in order to keep them safe because they're special

Boundaries, what are they and why do we have them?

- Boundaries: Limits that are set to separate. To keep everyone safe
- They can be physical, like a fence to keep in/out, containers like for food, lines on the road. Have kids give other examples
- They can be unseen, especially like rules for at home, school, playtime, etc. Have kids give examples.
- Personal space: parents and adults set a lot of boundaries but you set some as well. Discuss personal space, what it is (like a "bubble"). How is it different with different people (i.e. parent vs. teacher vs. a stranger) How big is your bubble with different kinds of people.

What happens if someone crosses a boundary?

- A physical one? (i.e. crossing a fence could get you hurt) Have kids say more...
- A unseen one? (i.e. not listening to a rule gets you in trouble or hurt) Have kids say more...
- If they cross you personal bubble? This is an unsafe person

Who do you tell?

- Someone you trust.
- A safe adult/friend

What's a safe adult/friend?

- They treat other people in a safe way
- They don't hurt people on purpose (i.e. a nurse giving a shot)
- They don't confuse or scare on purpose to be mean. (i.e. Halloween party)
- They listen to Mom and Dad's rules and they will listen to you.